

## HONY PREMLAL | MBA, CIHCM, MIOL



Hony Premlal is a widely respected authority in the Social Housing arena with almost thirty years of expertise, encompassing more than ten years in governance-level appointments, consultancy and training work, and regular high-level participation as speaker and facilitator at industry events.



Her comprehensive professional journey extends across housing organisations of varying scales, where she has occupied diverse senior leadership and board level positions, including Chief Executive roles. Arriving in the UK in 1993 from India with a background in Bio-Chemistry but limited English, Hony progressed from front-line positions to leadership roles through dedication and vision, demonstrating an exceptional ability to build strong connections through mutual respect and empathy.

### PROFESSIONAL SERVICES

Today, as Founder and CEO of Hony Premlal Consultancy (established June 2024), she delivers transformative services in executive and life coaching, mentoring and business coaching –corporate, governance excellence, leadership development, and strategic housing consultancy. Her clients benefit from her proven ability to strengthen corporate governance, drive organisational culture change, and enhance operational efficiency across complex housing environments.

### THOUGHT LEADERSHIP & SPEAKING

Hony is a sought-after speaker and facilitator who regularly contributes to major industry events, chairing and speaking sessions for organisations such as CIH, NHF, netMAGmedia, and Inside Housing and Trust Hire Recruitment. She also hosts the thought-provoking podcast series \*High Tea with Hony\*, where she engages with a diverse range of industry leaders to explore contemporary leadership challenges.

### GOVERNANCE EXPERIENCE

In addition to her consultancy work, Hony holds several influential leadership positions, including Chair of Eldon Housing Association and WISH (Women in Social Housing) London, Vice Chair of Somerset Co-operative Community Land Trust, and Regional Group Member of the Chartered Institute of Housing (CIH) London & South East. Through these roles, she demonstrates daily her exceptional ability to drive organisational improvement while championing diversity and inclusion in the housing sector.

### COMMITMENT TO DIVERSITY

Deeply passionate about women's empowerment and currently volunteering as a mentor with both the Housing Diversity Network and Women In Social Housing (WISH), Hony combines her professional expertise with a commitment to developing the next generation of industry leaders.

### EDUCATION

Her educational background includes an Executive MBA from London Metropolitan University (2012) and a certificate in Organisational Leadership from Harvard Business School (2023). She is currently pursuing a Diploma in Life Coaching and a Corporate & Executive Coaching Program through The Coaching Academy, both accredited by the International Coaching Federation (ICF).

Chief Executive Officer | Hony Premlal Consultancy

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